



4Cs Community Coordinated Child Care  
1500 Sycamore Street  
Iowa City, IA 52240

319-338-7684  
www.iowa4cs.com

### 4Cs' Mission

4Cs primary purpose is to promote quality child care in our community. 4Cs believes that good quality child care is part of the infrastructure of a vibrant, sustainable community that determines the quality of life for its residents.

*4Cs is proud to have served our community for over 45 Years!*



DHLW  
Early Childhood Area



EAST CENTRAL CHAPTER



Iowa Association for the Education of Young Children  
Co-hosted with the East Central Chapter of IAAEYC

# 4Cs Early Childhood Institute



**Saturday, November 3, 2018**

Clarion Highlander Hotel  
Conference Center  
2525 N. Dodge St., Iowa City 52245

# We are the **Champions!**



**Keynote  
Presentation by  
Judith Jensen**

### **Child care workers are clandestine champions!**

You may not ever think of yourself as a hero. And yet, if you were not there doing the work every day, this community could not function: no schools, no hospitals, no colleges, no industry, no grocery stores or restaurants and on and on. All closed. All limping along with minimum staff who can attend to their jobs because someone has to care for the little ones.

### **You are the heroes who keep it all going!**

No one thinks of you as heroic, or a guardian, especially when they complain about you charging extra for late pick-up (again) or not serving organic meals every day or about their children's dirty clothes. You get hard work. You get long hours. You get low pay. You get little respect or acknowledgement. However, your compensation is more than all of these things, you are changing the world! What fuels your SUPER POWERS?

### **Thank goodness for champions!**

Jude Jensen is a Children's Advocate who had a degree in Early Childhood Education and a Masters Degree in Social Work. She has co-directed one of the old hippie day cares on campus; created the first Child Advocate Program at the DVIP; ran a therapy day care center for Four Oaks; and most recently taught Kindergarten for nearly 20 years. She has been retired now for 4 years and during that time has become a Johnson County Empowerment board member, an ACE Interface master trainer and instructor for GWAEA. She likes to read, garden and vacation on Lake Michigan during her down time, when she is not following her passion for teaching, advocating for and encouraging young children, their teachers and, let's face it, the world.

# 4Cs Early Childhood Institute-November 3, 2018



Choose 3 sessions!!!

<b>A</b>	<p><b>Sensory Kids: Kids That Feel Too Much</b></p> <p>Kids with Sensory Processing Differences (SPD) experience too much or too little stimulation through their senses. Come and learn the differences between a behavioral outburst and a sensory meltdown. Get resources to help children with "sensory issues".</p> <p><i>Presenter: Teresa Grueter MS,OTR/L</i></p>	CDA Subject Area #8
<b>B</b>	<p><b>Mathematizing with Preschoolers- Playful Preschool Mathematics</b></p> <p>Young children love math! Teaching staff are instrumental in supporting preschoolers' math development. What can you do to support children's interest in math? Is it through intentionally planned activities? Is it through children's play? What resources can you use to mathematize your preschool program? Come to this session to find out!</p> <p><i>Presenter: Mary Airy, Early Childhood Consultant</i></p>	CDA Subject Area #2
<b>C</b>	<p><b>S.T.O.P. Secondary Trauma of Providers</b></p> <p>We are learning that many of the children we work with have experienced trauma and neglect in some way. We have also learned about how trauma affects their behaviors in the classroom and at home, but not as much time has been spent on how the trauma children face affects the providers working with them. In this session we will discuss how the effect of working with kids with trauma can impact our lives and the importance of taking care of ourselves so it does not negatively affect our health and well-being. Join us for some exploration and practice of self-care activities that can be easily integrated into your day.</p> <p><i>Presenter: Rochelle Honey-Arcement</i></p>	CDA Subject Area #6
<b>D</b>	<p><b>Is This Normal: The Stages of Child Development</b></p> <p>You see kids with a wide range of skills in your program and sometimes you have to ask "Is this normal?" How do you decide when to talk to a parent about a child? How do you decide when to refer for developmental or behavioral concerns? Join us as we explore the wide, wide world of typical development and social and academic expectations. We want you to leave our breakout session feeling that you understand more about childhood development and can stand up to the pressure to use developmentally inappropriate activities with the kids who are in your care.</p> <p><i>Presenters: Judith Jensen, Laurie Nash</i></p>	CDA Subject Area #8

## Schedule

**Saturday, November 3, 2018**  
Clarion Highlander Hotel Conference Center  
2525 N. Dodge St., Iowa City, 52245

7:30 - 8:00 AM ..... Check In  
8:00 - 8:25 AM ..... Breakfast Buffet  
8:25 AM ..... Welcome  
8:30 - 9:30 AM ..... Keynote  
9:40- 10:40 AM ..... Session 1  
10:50 - 11:50 PM ..... Session 2  
12:00 - 1:00 PM ..... Session 3

### Includes

4 DHS Professional Growth Hours  
& Hot Breakfast Buffet!

### Registration Deadline & Fee

Deadline: Monday, October 22  
Fee: \$35 per participant  
Late Fee: \$45 if postmarked after  
Monday, October 22, 2018

*Sorry, no refunds!*

Register early as  
enrollment is limited!  
All participants must be pre-registered.

\*\*\*\*\*  
As a reminder, children are not allowed at trainings  
and professional development events.  
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QUESTIONS ? ? ?  
Please contact Deb Eckhoff at 4Cs:  
319-338-7684 ext 103 or  
email: deb@iowa4cs.com

4Cs Early Childhood Institute Registration —  
November 3, 2018  
**PLEASE PRINT CLEARLY**— One Registration Per Participant

Name: \_\_\_\_\_

Work Address: \_\_\_\_\_

County Where You Do Child Care: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Please mark one: I am a...

child development home provider       center staff

center director       BASP staff

other (specify) \_\_\_\_\_

Name of center, preschool, or BASP: \_\_\_\_\_

**All sessions will be pre-registered.**

Circle the 3 sessions you would like to attend:			
A	B	C	D

Please circle the session presentations you wish to attend. We will make every effort to place you in your preferred sessions-however, they are filled on a first-come basis. You will learn the order of the sessions you will be attending at the institute.

Enclose a check/money order payable to 4Cs and mail to:



**4Cs Community Coordinated Child Care**  
Attn: 2018 Early Childhood Institute  
1500 Sycamore St., Iowa City, IA 52240

I have enclosed \$35.00  
(\$45.00 late fee-if postmarked after Monday, Oct. 22)

Number of registrations: \_\_\_\_\_

TOTAL: \$ \_\_\_\_\_

We have a limited number of scholarships for PROVIDERS doing child care in Washington County. Register early to qualify!